



City School District of Albany

February Middle & High School Breakfast

Fresh Fruit Available Daily

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1 Egg & Cheese Breakfast Sandwich Peach Cup 100% Fruit Juice

2 WG Donut Holes Fresh Fruit 100% Fruit Juice

5 WG Banana Muffin 4oz Yogurt Fresh Fruit 100% Fruit Juice

6 WG Pancakes Turkey Sausage Patty Diced Pears 100% Fruit Juice

7 WG Bagel w/ Cream Cheese Applesauce 100% Fruit Juice

8 Egg, Turkey Ham & Cheese Breakfast Sandwich Peach Cup 100% Fruit Juice

9 NO SCHOOL

12 Build Your Own Strawberry Yogurt Parfait w/ WG Cinnamon Goldfish Fresh Fruit 100% Fruit Juice

13 WG Waffles Chicken Sausage Patty Diced Pears 100% Fruit Juice

14 WG Bagel w/ Cream Cheese Applesauce 100% Fruit Juice

15 Egg & Cheese Omelet w/ WG English Muffin Peach Cup 100% Fruit Juice

16 WG Donut Holes Fresh Fruit 100% Fruit Juice

19 Winter Recess



20 Winter Recess


21 Winter Recess


22 Winter Recess


23 Winter Recess


26 WG Cereal or Cereal Bar w/ String Cheese Fresh Fruit 100% Fruit Juice

27 WG Waffles Chicken Sausage Patty Strawberry Cup 100% Fruit Juice
 National Strawberry Day!!

28 WG Turkey Sausage Pancake Stick Applesauce 100% Fruit Juice

29 Egg & Cheese Burrito Peach Cup 100% Fruit Juice

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8oz. Fat Free Chocolate, White and 1% Milk available Daily.
Lactose/ Dairy Free Milk available as needed. Assorted WG Cereal & Cereal Bars available daily offered with the following:
M-WG Crackers Tues-Cheese Stick
W-Hard Boiled Egg Th-4oz Yogurt
F-WG Crackers **Gluten Free Options Available

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4

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