



City School District of Albany Satellite January Breakfast Menu

1
NO SCHOOL

2
WG Assorted Cereal
Cheese Stick
Diced Pears
100% Fruit Juice

3
WG Bagel w/
Cream Cheese
Applesauce
100% Fruit Juice

4
WG Nutrigrain Bar
4oz Yogurt
Peach Cup
100% Fruit Juice

5
WG Stuffed Cinnamon Toast Bar w/ WG Scooby Snacks
Fresh Fruit
100% Fruit Juice

8
WG Blueberry Mini Loaf w/ Hard Boiled Egg
Fresh Fruit
100% Fruit Juice

9
WG Maple Waffles
Cheese Stick
Diced Pears
100% Fruit Juice

10
WG Bagel w/
Cream Cheese
Applesauce
100% Fruit Juice

11
WG Chocolate Filled Crescent Roll
Peach Cup
100% Fruit Juice

12
WG Cherry Frudel w/ WG Scooby Snacks
Fresh Fruit
100% Fruit Juice

15
NO SCHOOL

16
WG Pancakes
Cheese Stick
Diced Pears
100% Fruit Juice

17
WG Bagel w/
Assorted Cream Cheeses & Jellies
Applesauce
100% Fruit Juice
Celebrating Bagel Day (1/15)

18
WG Nutrigrain Bar
4oz Yogurt
Peach Cup
100% Fruit Juice

19
WG Stuffed Cinnamon Toast Bar w/ WG Scooby Snacks
Fresh Fruit
100% Fruit Juice

22
WG Banana Muffin w/ Hard Boiled Egg
Fresh Fruit
100% Fruit Juice

23
WG Blueberry Waffles
Cheese Stick
Diced Pears
100% Fruit Juice

24
WG Bagel w/
Cream Cheese
Applesauce
100% Fruit Juice

25
WG Chocolate Filled Crescent Roll
Peach Cup
100% Fruit Juice

26
WG Apple Frudel w/ WG Scooby Snacks
Fresh Fruit
100% Fruit Juice

29
WG Blueberry Muffin w/ Hard Boiled Egg
Fresh Fruit
100% Fruit Juice

30
WG Pancakes
Cheese Stick
Diced Pears
100% Fruit Juice

31
WG Bagel w/
Cream Cheese
Applesauce
100% Fruit Juice

8oz. Fat Free and 1% Milk available Daily. Lactose/ Dairy Free Milk available as needed. *Cheerios & Rice Krispies Available Daily for Pre-K, WG Cereal & Cereal Bar available with following:
M-WG Crackers
W-Hard Boiled Egg
F-WG Crackers
Tues-Cheese Stick
Th-4oz Yogurt

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4